

Read the Word: Colossians 2:6–8; Matthew 13:10–17; Proverbs 4:23–27

Disciple Your Family: Discuss letting godly discernment guide your family's media usage.

Discuss the following Key Truths and how to apply them to life. Use the questions to spark discussion.



Key Truth: Believers Are Called to Exercise Discernment Over Media and Entertainment (Colossians 2:6–8)

APPLY: Walk with Christ through every day. Allow Him and His Word to guide the way you think.

- *It's said that the things we consume the most are the things we are "walking with." What are you walking with? What are today's children and teenagers walking with?*

APPLY: Evaluate everything you see and hear by comparing it to the teachings of the Bible.

- *Why is it important to evaluate what we watch and hear?*
- *How can we tell whether a piece of entertainment (movie, show, song) aligns with a biblical worldview?*

APPLY: Think and behave like Christ, not like the lost world.

- *What are some signs that our entertainment consumption is having a negative effect on us? What are some possible solutions to this problem?*



Key Truth: Failing to Practice Media Discernment Brings Consequences (Matthew 13:10–17)

APPLY: Consume more media that focuses on God and His kingdom and less media that focuses on worldly things.

- *How does the media you consume (movies, podcasts, playlists, influencers) shape your thoughts, beliefs, and even identity—possibly without you realizing it? What happens if we consume too much worldly media? (It begins to change the way we think and live; we become more like the world and less like Christ; etc.)*
- *Give examples of ways media can be used to encourage and strengthen Christians. How can it help us grow closer to God?*

APPLY: Learn to evaluate media and entertainment. Do not consume it mindlessly.

- *What are some practical ways we can help our generation or younger generations think critically about the media they consume?*
- *What would it look like to engage with secular media critically rather than passively?*
- *<FUSION FAMILY> What steps can we take as a family to build habits of media discernment together?*



Key Truth: Let Godly Discernment Guide Your Media Choices (Proverbs 4:23-27)

APPLY: Evaluate how media usage is affecting you and make changes if necessary.

- *What changes might need to be made if we realize our entertainment choices are consuming our minds and time?*

APPLY: Put media to the Philippians 4:8 test. Is it true? Is it honorable? Is it just? Is it pure? Is it lovely? Is it commendable? Is it excellent? Is it worthy of being praised?

- *What does it look like to “guard your heart” (Proverbs 4:23) in a world where media is constantly trying to capture your attention and affection?*
- *How can we practically use the Philippians 4:8 filter when choosing what to watch, stream, or listen to?*
- *How might excessive media consumption—even of “neutral” content—be keeping you from your calling in Christ (i.e., serving others, evangelism, growing in the Word)?*

Build a Foundation: Discussion questions for elementary students.

- Why is it important to make good choices with what you watch, listen to, and play?
- What are some things Philippians 4:8 teaches believers to think on?
- How can you use Philippians 4:8 to filter the things you watch, listen to, and play?

Work together to memorize the Verse of the Month: **Psalm 119:11**



Discuss This Week’s Building Block:

God expects believers to continue to grow in grace and righteousness throughout life.

Everyday Extras:

Read Proverbs 4:23-27 to your family. Discuss the importance of guarding our hearts and minds and being careful with the words we use, the things we look at, and the places we go. Read Philippians 4:8 and let family members use art supplies to create “Guard Your Heart” media filters. Write the qualities from the verse on it. Keep the media filters in visible, accessible locations, and refer to them before any media (books, music, TV, streaming, etc.) time occurs. Encourage each family member to ask themselves *and each other*: “Does this pass the Philippians 4:8 test?”

Preschool Highlights:

Today your child learned God sent Elijah to tell King Ahab and the people to stop worshiping the false god, Baal. Elijah challenged the prophets of Baal to build an altar and pray for their god to set fire to the altar. When they did, nothing happened because he was not the one, true God who hears our prayers. **God Hears Me When I Pray.**